

LANGUAGE LITERACY & NUMERACY TEST

All students must show they have appropriate English Language and Academic levels to study our courses. In order to assess these levels we require that you complete and submit this Language, Literacy and Numeracy Test to applications@acesports.edu.au

<u>NAME:</u>	
<u>DATE:</u>	

WRITING

Why did you choose to study a sport, fitness and recreation qualification?

Have you coached, competed or participated in any sport, fitness or recreational activities?

What are your career goals after you study this course?

Did you study at University, if yes what subject was your degree in and where?

Why did you choose Ace Sports Academy?

LEARNING

What do you like most about learning?

What do you do to learn new skills and knowledge?

How do you learn best? Do you have any preferences about the way you learn? Eg; what strategies do you use to make learning easier for you?

What do you do if you are having difficulty when learning something new?

READING AND WRITING

Please tell us about your reading habits. Do you enjoy reading? Explain why or why not. Write about the reading you have done during the past 6 months. You may wish to write about whether you:

- a. read the newspaper regularly – paper based or online
- b. check your emails regularly or read online blogs, forums, discussion groups etc
- c. read novels, magazines, textbooks, online articles etc

Read the following paragraph and answer the questions below.

Katie is a personal fitness trainer who has a teenage client named John. John is doing some extra training during the off season of soccer. Katie spoke with John’s soccer coach, who thought the teenager was a promising athlete and they both developed a training program for him to increase his cardio, flexibility and agility.

This training program included some light weight training, yoga and long endurance runs as well as other exercises designed to increase his overall body fitness in line with the requirements of an athlete in soccer. John learns that the fitness club he trains at has a men’s bodybuilding program and John tells Katie that he wants to join the bodybuilding program to get ‘ripped’ and “bulk up”.

Katie said no and explained that the training program he was doing was developed by Katie and John’s coach to increase his body fitness in line with the sport he was in and that sport is soccer, not bodybuilding.

What programme was John Interested in pursuing?

Why do you think Katie said no to John request of joining the clubs bodybuilding programme?

Was the client’s request reasonable?

Yes	No
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Was Katie’s approach professional?

Yes	No
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Was Katie still meeting the client’s needs?

Yes	No
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GRAMMAR

Read the words below and match the correct words (What, Who, Where, When, How, Why) to the correct sentences:

	<i>are your friends?</i>
	<i>is in the box?</i>
	<i>did you get home?</i>
	<i>do you live?</i>
	<i>do you like sport?</i>
	<i>do you spell your name?</i>

Select whether the following words are spelt correctly or incorrectly:

	<i>Correct</i>	<i>Incorrect</i>
<i>housing</i>		
<i>adress</i>		
<i>Thursday</i>		
<i>fourty</i>		
<i>librarey</i>		
<i>maintanance</i>		
<i>accomodation</i>		

NUMERACY

Calculate the following mathematical equations.

What is the next number in the sequence?

2	4	6	
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If apples cost 5 cents each, how many can I buy if I have 40 cents?

How much change will I receive from \$20 if I spend \$11.80?

If a car travels at an average speed of 60km per hour, how many hours will it take to travel 240kms?

104 divided by 8 =

$134 + 9 - 35 =$

Pick the longest distance:

0.1203km	
123m	
1230cm	
12030mm	